



# Talk PANTS Resources:

## How can the PANTS rules help us, ages 9-11

### Resource 1: Respectful and disrespectful behaviour

<b>Hugging someone in the class</b>	<b>Asking to link arms with a friend</b>
<b>Playing a game of 'kiss chase'</b>	<b>Giving high fives</b>
<b>Shaking hands</b>	<b>Touching someone's body, hair or clothes without consent</b>
<b>Hurting someone in a game or as a joke</b>	<b>Giving someone a shoulder massage</b>

**Respectful**

**Disrespectful**

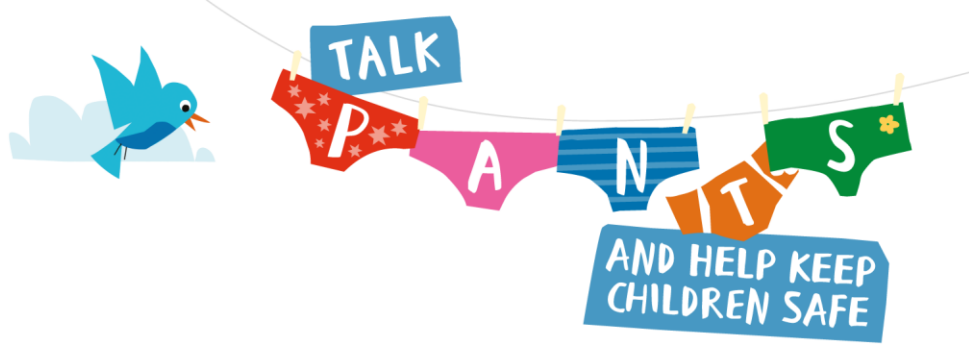
**It depends**



## Resource 2: Behaviour scenarios

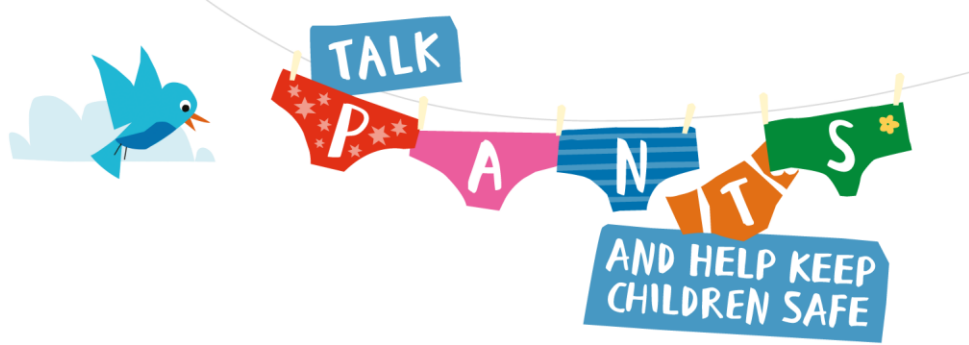
Scenario 1:

Shakeel and Khadra are playing a game of tag with some of their classmates when one of them pulls Khadra's bra strap and it snaps onto her back. "Ouch!" Khadra shouts.



Scenario 2:

Gabriel is in a new maths group at school. In the session last week, a boy from the other class pinched him every time that no one else was looking, then laughed and told Gabriel not to say anything.



Scenario 3:

Erica is close to her friend Abbie and they often hug when they see each other at school. One of her classmates has said that they “love each other” and “are going out”. Now, other classmates are coming up to Erica, hugging her and saying “will you go out with me?”.



Scenario 4:

Jordan is getting changed for football when two other players in the year above run up behind him and pull down his shorts. They have started to do this every week, and wait inside the changing room until everyone else is gone.



### Resource 3: Say and do – support

#### What could they say?

*“Stop, I don’t like that!”*

*“No, that’s disrespectful.”*

*“That hurt me!”*

*“I’m going to tell an adult.”*

Say nothing.

#### What could they do?

Try and stop the behaviour.

Tell a safe adult.

Walk away or leave.

Ask a friend to help report it.

Tell someone how they are feeling.